

THE MILE POST

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BOARD OF DIRECTORS/EXECUTIVE STAFF RETREAT

From the Desk of the
Chief Executive
Officer



Our first Board/Executive Staff Retreat for this administration, and training held by the H-HOUR, occurred on 5/18/24. Accountability, Commitment, Dedication, Kindness, Retention and how this all looks in the future, was our focus. Hudson Milestones is blessed and grateful to have such a hard working, Board of Directors, beyond loyal to its mission, led by Sally Medeiros, Board Chair. The Executive Staff lead each department with integrity, passion, professionalism and respect all day every day! I am honored to work alongside these individuals. It is the commitment to those we serve that makes Hudson Milestones the outstanding agency it is!



Wisdom From The Chairman

Sally Medeiros, Chairman of the Board
THANKS FOR YOUR SUPPORT



This year's Annual Recognizing Excellence Awards Dinner Dance was held on April 26, 2024 at La Reggia in Secaucus, NJ. The event was a huge success both socially and financially, with 250 people in attendance, including those we honored! The best part of the evening though was seeing the clients, staff, Board and community members enjoying themselves. Our Virtual Ad Journal will continue to run until April 2025. Ads can be viewed/purchased at [Hudson Milestones Tribute Journal 2024 \(wizevents.com\)](http://Hudson Milestones Tribute Journal 2024 (wizevents.com))

I'd like to thank all of those who supported us. It is with the kindness and help of people like yourselves that Hudson Milestones is able to continue to provide services to individuals who are intellectually/developmentally disabled.

The current slate of officers will continue to hold office until the next Triennial Membership Meeting of Hudson Milestones, in June 2026. These officers will continue to lead Hudson Milestones during a time with particularly challenging issues needing to be addressed.

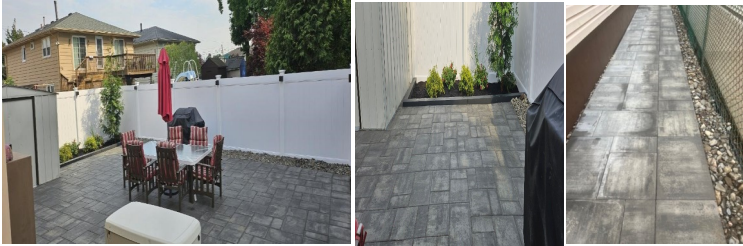
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ALWAYS IMPROVING

Jose Rosario, Director of Finance & Operations

We, in the Department of Finance & Operations, are always looking for ways to improve the quality of life for our clients in any way we can. Whether it's ensuring their finances are always available to them; approving their requests for new clothing, shoes, sneakers, etc.; or making sure every client has the same experience as the next. As we say, no one gets left behind. This year, after much planning, we all agreed and decided it was time to make over the backyard at our Secaucus group home. Here is the transformation into a beautiful patio area I'm sure we can all agree we wouldn't mind having. This is just the beginning.



WE DID IT AGAIN!!!



2024 HONOREES (LISTED ALPHABETICALLY)

These 98 companies were named to New Jersey's Top Workplaces list for 2024, as determined through employee surveys. The outstanding companies are recognized for their commitment to their staff, customers and mission. Rankings of the winners will be revealed in The Star-Ledger on June 23 and in Jersey's Best summer issue.

LARGE EMPLOYERS

- Acenda, Inc.
- Atlantic Medical Imaging Burlington
- CACI
- Charles Schwab
- CompuSecure L.L.C.
- EisenKemper
- Freedom Mortgage
- Hard Rock Hotel & Casino
- Atlantic City Inspira Health

- Marotta Controls
- Metropolitan YMCA of the Orange
- MTF Biologics
- Prominent Properties Sotheby's International Realty
- St. Luke's University Health Network
- The YMCA of Greater Monmouth County
- Valley Health System
- ZI Systems

MID-SIZE EMPLOYERS

- Atlantic Physical Therapy Center
- CCI
- CNC
- Collaborative Support Programs of NJ
- CoreWeave
- DDR Construction
- DraftKings
- Earle Companies
- Eastern Christian School
- Greystar
- Hatters
- HMP Global

- ID Care
- Ingrion Incorporated
- Madison Area YMCA
- Majesco
- Manequan Bank
- Mandelbaum Barrett PC
- Marsh McLennan Agency
- Millennium Systems International
- Montana Construction Inc.
- Rendle Restaurant Group
- PDI
- Penn Interactive
- Robert Half

- Russo Development LLC
- Samaritan Healthcare and Hospice
- Savas Learning Company
- Smashburger
- SNOW Partners
- STORS, Inc.
- The Gateway Family YMCA
- Thompson Healthcare & Sports Medicine
- United Engineers & Constructors
- WSFS Bank

SMALL EMPLOYERS

- 3 Dimensional Physical Therapy
- AJ Technology Inc.
- Accurate Box Company, Inc.
- Advanced Digital Delta, Inc.
- Allied Fire & Safety Equipment
- Apris, LLP
- Bozotto
- Cape Atlantic Integrated Networks for Kids
- Capital Lighting

- CBIZ
- Comerstone Bank
- Corporate Synergies
- Daugherty Business Solutions
- Delco Development
- DOWC
- Downes Tree Service Co.
- Duane Morris
- EDM Contractors
- Fairway Independent Mortgage Corporation

- Families and Community Together (FACT)
- Food Bank of South Jersey
- Geron
- Insurance Companies
- Hudson Milestones
- Insurance Office Of America
- Integrated Financial Concepts
- Kane Wound Care

- KPM Exceptional LLC
- Madison Trust Company / Broad Financial
- Nalk Group
- Ocean Partnership for Children
- PLM Fleet, L.L.C. (aka PLM Trailer Leasing, Inc.)
- Premier Consulting & Integration (PCI)
- Primary Financial
- Primepoint

- Princeton Hydro
- Staffing Alternatives
- Tech-Keys
- Tech-Observer
- The Friends of Israel Gospel Ministry
- The Rhinoldi Group
- Viking Pest Control
- Wintrust Financial Corporation
- Woodmont Properties

THE AFTER HOUR

Kathleen Ruiz, Director of Day Support Services

The After Hour continues to grow and evolve! We kicked the seasonal sessions off with Happy Fall Y'all, Winter Wonderland, and just finished up Spring has Sprung. Each season has a different theme and name. Each event promoted independence whether it was singing karaoke, serving yourself your own margarita, planting, or karate! All residential and respite clients are invited to attend any event that piques their interest. We always like to include music and pictures with our events to capture the memories made by clients and staff! The HM maintenance team aids in transforming the pen into an outdoor extravaganza! The After Hour will continue to be an innovative experience for the entire Hudson Milestones team!

Keep an eye out for our summer events....



To donate, simply visit us on the web

<http://www.hudsonmilestones.org/donations/>



SPECIAL OLYPMICS 2024



Lydia Martinez, Assistant Supervisor of Day Habilitation and Weekend Respite Program

The Weekend Respite Program attended the 2024 Special Olympics Opening Ceremony! Visiting The College of New Jersey and cheering on the athletes from all over New Jersey was a phenomenal experience! Weekend Respite Participants created signs and cheered on all the athletes including our very own Evelyn R. and Marcella E. with pom poms in the signature Hudson Milestones green and yellow! The Olympic torch run was a sight to be seen with a current or retired police officer representing a different county. The highlight of the evening was hearing Evelyn R. recite the athletic oath! This is a can't miss event and we're already excited for the 2025 Special Olympics Opening Ceremony... we hope to see you there!



GREETINGS FROM THE RESIDENTIAL DEPARTMENT

Vallery Supplice, Senior Director of Residential Services

As the warmth of summer approaches, we're excited to share some fun activities happening at our group homes. Here's what you can look forward to this summer:

Outdoor Fun—With longer days and sunny weather, we're planning plenty of outdoor activities. From picnics in the park to nature walks, we'll make sure to enjoy the beauty of summer while staying safe and comfortable.

Summer BBQs—What's summer without a BBQ? We'll be firing up the grill and cooking up some delicious treats for everyone to enjoy. It's a great opportunity to socialize, relax, and savor some tasty food together. Birthday Celebration on June 22nd kicks off the start of BBQs.

As we enter in the delights of summer, let's prioritize our well-being by wearing sunscreen and staying hydrated. By taking these simple yet crucial steps to shield ourselves from the sun's rays and combat the heat, we can fully embrace the season's offerings while ensuring our skin remains radiant and our bodies remain nourished. Here's to a summer filled with safety and sunshine! We're eagerly anticipating the warmth of the season and all the experiences it brings. Whether basking in the sun's glow, unleashing creativity, or relishing in good company, let's unite to make this summer unforgettable. Keep an eye out for further updates and announcements as we seize the opportunities this season presents, together!

Warm regards, Residential Department.

IN NEED OF RESIDENTIAL PLACEMENT?

Teresa Maietti, Chief Executive Officer

I am writing to extend an invitation to all families in need of placing a family member into a New Jersey Division of Developmental Disabilities residential facility, to visit one of our homes that currently has availability.



If you are interested in hearing and seeing what we are all about and most proud of, please call (201) 434-7783 to schedule a visit.

RECREATIONAL AND RELAXING RESPITE

Jasmine Overton, EI/Respite Coordinator

The Hudson Milestones Respite Program provides many services under its umbrella including 1:1 In- Home, Community Inclusion, Individual Supports, Overnight Respite, Weekend Respite, and Youth Respite! Each program provides services and help to support our clients and their families. We are always looking to help support more individuals in their pursuit to be as independent as possible in the community! Weekend Respite continues to increase their monthly activities. In addition to the traditional Saturday activities, they have added Friday night activities that further ADL skills. Individual Supports allows for clients who live either on their own or with their family to receive support in maintaining their living space, attending doctor's appointments and local events. Overnight Respite allows our clients who live with their families to come and engage in recreational activities and is a mini staycation for our clients. Youth Respite is our only program for school aged children 5-20 years old where staff work with children 1:1 in their home and community with activities such as homework, snack prep, after school clubs. Each service in the Respite program focuses on enjoyment and recreation, come join us!



EI WEEK

Jasmine Overton, EI/Respite Coordinator

Early Intervention, commonly referred to as EI, is a federal program that seeks to support and educate families and their children from birth to 3 years old in their pursuit of reaching developmental milestones. Each year during the second full week of May the New Jersey EI system celebrates EI Week in an effort to spread the word about the program and give families a chance to connect with each other. This year EI Week was celebrated with several educational webinars about how to access the system and what to expect throughout the journey. Hudson Milestones celebrated by gifting a story book to each of the children we serve in our EI program to show our support and encouragement for their progress. We also celebrated the practitioners who dedicate their time and expertise to engaging with the families and children through coaching and play!



It's hard to forget someone who gave us so much to remember—R.I.P.



THE DEPARTMENT OF QUALITY ASSURANCE



(pictured L-R): Monica Monroy, Community Care Supports Program Coordinator; Jasmine Overton, Client Care Specialist; Domonique Mitchell, Medical Compliance Officer; Donna Dolan, Director of Compliance; Mushaheeda Abdul-Baasit, Assistant Director of Quality Assurance; Ericka Ribeiro, Agency RN; and Cherise Jimenez, Quality Control Specialist.

The QA Team Would Like to Welcome You to Summer

U C J M A W V L Q D L Y S G I
Y M C N O Q A W S O P B W S F
I Z B B Q N H Q U M O A I U S
M X T R Q O I V N O P T M M U
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N P S S J L S V A I I I I E T
Y O C H U Y L N T Q C N N R A
T D N H A N H A V U L G G I N
G O J L E H G X J E E S H C L
B N Z A N R E L L X S U C K O
E N U F S D I E A N G I I A T
A A E X N M K S D S B T N T I
C P N Y G W I U E A S S S V O
H T R A V E L N A A O E F G N
Z G M M F N S F E E Z U S W K

- Suntan Lotion Bathing Suits Sunglasses Sun
Mushaheeda Popsicles Domonique
Jasmine Umbrella Cherise
Monica Travel Ericka
Swimming Summer Beach
Donna

BOARD OF DIRECTORS

- Chairman of the Board
Sally Medeiros
Vice Chairman
Lynette Medeiros
Treasurer
Lauren Nardini
Secretary
Karen Gray
Parliamentarian
Feliciano Lim
Past Chairman of the Board
Arlene Rutkowski

EXECUTIVE STAFF

- Chief Executive Officer
Teresa Maietti
Director of Finance & Operations
Jose Rosario
Director of Compliance
Donna Dolan
Director of Day Support Services
Kathleen Ruiz
Senior Director of Residential Services
Vallery Supplice
Chief Advisor of Auditing & Reporting
Akenten Oti
Executive Secretary/Editor
Tracey Belvedere



EMPLOYMENT OPPORTUNITIES

Interested candidates email resumes to
recruiting specialist@hudsonmilestones.org

FOR AVAILABLE POSITIONS VISIT

www.hudsonmilestones.org/employment-
opportunities



UPCOMING EVENTS

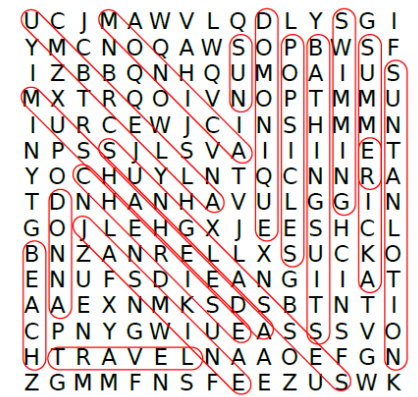
All CDC guidelines are adhered to and maintained at all times.



JULY	20—WRP HM Arena Tournament Day 27—WRP Do It Yourself Sundae & Karaoke
AUGUST	7—Musical Milestones Concert 10—WRP Alice and Leonard Dreyfuss Planetarium 16—WRP Make Your Own Salads and Salsa Dancing 18—PLAY Dance 26-30—Last week of Summer DH events
SEPTEMBER	14—WRP Dog Park and Picnic 15—PLAY Dance 27—WRP Do It Yourself Cheeseburger Bar and Movie
OCTOBER	4—WRP Make Your Own Bee My Honey Fruit Dip and Friday Night Games 20—PLAY Dance 26—WRP Halloween Party HM Arena
NOVEMBER	1—WRP Decorate Your Own Desserts and Dance Party 16—Holiday Express 17—PLAY Dance 23—WRP Escape Room (American Dream Mall)
DECEMBER	7—WRP Holiday Express 13—WRP Build Your Own Gingerbread House 30—Holiday Express

ACRONYM KEY:

- AH = After Hour Program
- DH = Day Habilitation
- DSS = Day Support Services
- EIS = Early Intervention Services
- GH = Group Home
- HM = Hudson Milestones
- RES = Residential Services
- WRP = Weekend Respite Program



QA WORD FIND ANSWER KEY



HUDSON MILESTONES

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JERSEY CITY, NJ 07304